



**Immigrant
Food
Entrepreneurs**



Consultant Roundtable

Well-being and Food Entrepreneurship

Entrepreneurship can be an effective way to include immigrants in local economies, by sharing their knowledge and entrepreneurial spirits, and creating new market opportunities and cross-border networks.

However, the entrepreneurial journey can bring significant challenges. Immigrant entrepreneurs often face structural barriers, including limited access to start-up financing, legal restrictions, and cultural or social exclusion. These challenges negatively affect their wellbeing and ability to sustain business.

Call for Participants

We invite you to join our consultant roundtable and explore seven themes around entrepreneurship, (im)migration and wellbeing.

This consultation will shape evidence-based, inclusive policy recommendations, with a focus on:

- The lived experiences of (im)migrant food entrepreneurs
- The causes and impacts of their wellbeing challenges
- Strategies and support systems that promote resilience and inclusion

We welcome participants from:

- (Im)migrant food entrepreneurs
- Researchers working on migration, entrepreneurship, or wellbeing
- Policymakers and practitioners focused on inclusion and enterprise support



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Consultant Roundtable

Well-being and Food Entrepreneurship

- 11:00 Welcome and refreshments
- 11:10 **Roundtable - Migration Insights**
Aditi Anand, Migration Museum
Prof. Cangbai Wang, HOMELandS, University of Westminster
Chair: Dr. Rui Su, Middlesex University
- 12:00 Q&A
- 12:10 Lunch
- 13:00 **Roundtable - Immigrant Food Entrepreneurs**
- 15:00 Reflection
Dr. Rui Su, Middlesex University
Dr. Tianchen Li, Middlesex University
- 15:20 Q&A
- 15:30 Close session

Registration here

Location: Portland Hall, 4-12 Little Titchfield St, London W1W 7BY

Time: 11-3:30pm, Monday, 30 June 2025

This consultant roundtable is part of a knowledge exchange project, "*Invisible Immigrant Food Entrepreneurs*", funded by Middlesex University's Higher Education Innovation Fund (2024-25). The project is especially focused on the intersection of (im)migrant wellbeing and enterprise development.

For more information, feel free to reach out via Dr. Rui Su, r.su@mdx.ac.uk; Dr. Tianchen, T.X.Li@mdx.ac.uk



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